

North Tyneside Council

Report to Cabinet

Date: 14 November 2016

ITEM 5 (b)

Title: Support for Attention Deficit Hyperactivity Disorder in North Tyneside. An Overview, Scrutiny and Policy Development Committee Sub Group Report

Portfolio(s): Children, Young People and Learning

Cabinet Member(s): Cllr I Grayson

Report from: Overview, Scrutiny and Policy Development Committee

Wards affected: All

PART 1

1.1 Executive Summary:

The purpose of this report is to present the recommendations of the Children, Education and Skills Sub-committee's study, on behalf of the Overview, Scrutiny and Policy Development Committee, into the support for Attention Deficit Hyperactivity Disorder (ADHD) in North Tyneside.

The recommendations are set out in paragraph 1.5.4 below.

In accordance with section 9F of Part 1A of the Local Government Act 2000, Cabinet is required to provide a response to the recommendations of the Overview, Scrutiny and Policy Development Committee within two months. In providing this response Cabinet is asked to state whether or not it accepts each recommendation and the reasons for this decision. Cabinet must also indicate what action, if any, it proposes to take.

1.2 Recommendation:

It is recommended that Cabinet consider and formulate a response to the recommendations presented to them as a result of the Overview, Scrutiny and Policy Development Committee's study into ADHD.

1.3 Forward plan:

The report was included in the Forward Plan published on 31 October 2016 for the period 31 October 2016 – 31 January 2017 under the heading 'matters arising from Overview, Scrutiny and Policy Development Committee and its sub committees'.

1.4 Council plan and policy framework:

The report supported the Our People theme in the Our North Tyneside Plan, in particular:

- Be ready for work and life – with the skills and abilities to achieve their full potential, economic independence and meet the needs of local businesses.
- Be healthy and well – with the information, skills and opportunities to maintain and improve their health, wellbeing and independence.

1.5 Information:

- 1.5.1 On 16 February 2015, the Children, Education and Skills Sub-committee considered a report produced by the authority's Disability and Additional Needs Service which provided an update on ADHD, detailed the recommendations of the clinical guidelines produced by the National Institute for Health and Clinical Excellence (NICE) and provided some local context and information with regards to provision in North Tyneside. The sub-committee agreed to establish a Sub Group in the 2015/16 municipal year to examine the support provided for children with ADHD and their families.
- 1.5.2 The focus of the study was to be the support provided for children with Attention Deficit Hyperactivity Disorder (ADHD) and their families with the objective of scrutinising current services available for those diagnosed with ADHD, across both social care and health, and to make recommendations on how the current provision could be improved.
- 1.5.3 The Sub Group met on a number of occasions to receive information and discuss their findings and also met with officers from the local authority. To gain an understanding of the services available in the borough the Sub Group also met with parents, teachers, SENCo's and health professionals.
- 1.5.4 As a result of the study the ADHD Sub Group have identified ten recommendations for submission to Cabinet which are:
1. Cabinet requests the Head of Health, Education, Care and Safeguarding works with colleagues in Health to review the information and training available to parents with and without a diagnosis of ADHD paying particular attention to:
 - Review of pre diagnosis access to parent training
 - Review of speed of access to parent factor training
 - Access to training in relation to sleep solutions
 - Arranging drop in sessions for parents to understand the pathways for children with ADHD and other additional needs.
 - Give consideration to the creation of a webpage with techniques, strategies and links for further support and information about support groups etc.
 2. Cabinet requests the Head of Health, Education, Care and Safeguarding in consultation with appropriate health commissioners to consider whether a procedure could be adopted to allow Lead SENCo's to refer to CAMHS with parental approval instead of requiring a Doctor's referral.
 3. Cabinet requests the Head of Health, Education, Care and Safeguarding establishes a multiagency task and finish group to create good practice documentation in relation to assessment and management of children with ADHD within a pre school and

school environment and to review pathways for diagnosis of individual children with ADHD with particular attention to:

- The use of the universal SEN support form
- Consideration of the use of learning mentors to support young people within school.
- To ensure Education Plans are person centred to ensure instructions regarding departure from the usual school rules are included and can be communicated widely in the school environment (e.g. a child is allowed 'outside food').
- To understand the current local offer in relation to the counselling/non-medication/universal offer strategies which are available to schools.

Once the task group has completed its work the implementation of any changes to be supported by the Health, Education, Care and Safeguarding service through the existing drop in sessions for Educational professionals and supported by Specialist services within schools.

4. Cabinet requests the Head of Health, Education, Care and Safeguarding establishes a multiagency task and finish group to:
 - summarise the evidence in relation to a whole school approach to the management of ADHD with particular attention to behaviour policies and restorative non-punitive alternatives.
 - To understand the current training packages to support teachers with its implementation and as required identify new training courses.

Once the task group has completed its work to request that Specialist services disseminate good practice to schools.

5. Cabinet requests the Head of Health, Education, Care and Safeguarding to review how managed moves for children with ADHD are initiated and organised and compare with best practice.
6. Cabinet requests the Head of Health, Education, Care and Safeguarding in consultation with colleagues in health, education and the voluntary sector to arrange groups/drop in sessions for teenagers to help them understand their condition and how they can manage themselves.
7. Cabinet requests the Head of Health, Education, Care and Safeguarding and the Head of Environment, Housing and Leisure to provide closed sessions at Leisure centres for children with ADHD to give parents/carers an accepting environment to take their children and to socialise with other parents/carers.
8. Cabinet requests the Head of Health, Education, Care and Safeguarding, in consultation with colleagues in health to ensure that information on non-medication strategies, for example Cognitive Behaviour Therapy, is be provided to parents at an early stage of referral and to be part of the information available in the website produced for recommendation 1.
9. Cabinet requests the Head of Health, Education, Care and Safeguarding in consultation with appropriate health commissioners to consider developing a multi-agency group, with representatives from multidisciplinary specialist ADHD teams, paediatrics, mental health and learning disability trusts, forensic services, child and adolescent mental health services (CAMHS), the Children and Young People's

Directorate (CYPD) (including services for education and social services), parent support groups and others with a significant local involvement in ADHD services.

The group should:

- Oversee the implementation of the NICE guideline.
- Start and coordinate local training initiatives, including the provision of training and information for teachers about the characteristics of ADHD and its basic behavioural management.
- Oversee the development and coordination of parent-training/education programmes.
- Consider compiling a comprehensive directory of information and services for ADHD including advice on how to contact relevant services and assist in the development of specialist teams.

10. Cabinet requests the Head of Health, Education, Care and Safeguarding to undertake a review of how data on children with ADHD is collated and managed to help inform future service provision and to identify trends.

1.5.5 The full report which outlines the key findings, conclusions and recommendations of the review is attached at Appendix 1.

1.5.6 The Overview, Scrutiny and Policy Development Committee received the report on 7 November 2016 and approved the recommendations for submission to Cabinet.

1.5.7 Cabinet has a statutory duty to respond to the Overview, Scrutiny and Policy Development Committee's recommendations within 2 months of receiving them. In providing its response Cabinet is asked to provide reasons for any recommendations which are not approved.

1.5.8 Overview, Scrutiny and Policy Development Committee is of the view that the recommendations set out in the report will assist the local authority and its partners to raise awareness and to support families.

1.6 Decision options:

The following decision options are available for consideration by Cabinet:

Option 1

Cabinet accepts the recommendation set out in paragraph 1.2 above.

Option 2

Cabinet does not accept the recommendation set out in paragraph 1.2 above and provides a response to the Overview, Scrutiny and Policy Development Committee at the meeting.

Option 1 is the recommended option.

1.7 Reasons for recommended option:

Cabinet has a statutory duty to respond to the Overview, Scrutiny and Policy Development Committee's recommendations within 2 months of receiving them. Option

1 is recommended as this option allows Cabinet time to consider and formulate a response to the recommendations.

1.8 Appendices:

Appendix 1 – Overview, Scrutiny and Policy Development Committee Report: Support for Attention Deficit Hyperactivity Disorder in North Tyneside.

1.9 Contact officers:

Elizabeth Kerr, Democratic Services Officer Tel: (0191) 643 5322
Kath Robinson, Principal Manager of the Integrated Disability and Additional Needs Service Tel: 07581340591

1.10 Background information:

- [North Tyneside Council Constitution](#)
- [Minutes of Children, Education and Skills Sub-committee meetings held on 16 February 2015, 16 November 2015 and 17 October 2016.](#)
- [Minutes of Overview, Scrutiny and Policy Development Committee meeting held on 7 November 2016.](#)
- [Background information used in the compilation of the ADHD report can be found on page 27 of the report.](#)

PART 2 – COMPLIANCE WITH PRINCIPLES OF DECISION MAKING

2.1 Finance and other resources

The financial implications associated with each recommendation will be included in Cabinet's response to the Sub Group's report.

2.2 Legal

There are no direct legal implications arising from this report.

2.3 Consultation/community engagement

The Sub Group which undertook this work on behalf of the Overview, Scrutiny and Policy Development Committee met with officers from the Health, Education, Care and Safeguarding Service and to gain an understanding of the services available in the borough the sub group also met with: All Together Better, a parent carer organisation; the North Tyneside Parent Support Group (ADHD); the head teacher of Silverdale school; the SENCo co-ordinators group and practitioners from the Child and Adolescent Mental Health Services (CAMHS).

Full details are listed in the Sub Group's report attached at appendix 1.

2.4 Human rights

There are no direct issues relating to human rights arising from this report.

2.5 Equalities and diversity

There are no direct issues relating to equalities and diversity arising from this report.

2.6 Risk management

There are no direct issues relating to risk arising from this report.

2.7 Crime and disorder

There are no direct issues relating to crime and disorder arising from this report.

2.8 Environment and sustainability

There are no direct issues relating to environment and sustainability arising from this report.

PART 3

The following officers and Members have been sent a copy of the report for their information:

- Chief Executive
- Mayor/Cabinet Member
- Chief Finance Officer
- Monitoring Officer
- Head of Corporate Strategy
- Head of Human Resources and Organisational Development