

Meeting: Culture and Leisure Sub-Committee

Date: 31 January 2017

Title: Active North Tyneside

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Sport and Leisure

Service: Environment Housing and Leisure

Wards affected: All

1. Purpose of Report

The purpose of this report is to provide the context for a presentation that will be given to the Culture and Leisure Sub-Committee on “Active North Tyneside” at the 31 January 2017 meeting.

2. Recommendations

The Sub-Committee is invited to note the information in the report and outlined in the presentation.

3. Details

The Sport and Leisure service has worked closely with colleagues in the Public Health team to develop Active North Tyneside.

Since its inception in 2015 Active North Tyneside has delivered numerous community based programmes and has worked with many external groups and organisations. The success of the project was recognised with an award from the Royal Society of Public Health.

The purpose of the presentation is to outline how Active North Tyneside has, to date, delivered its objective to get those residents most at risk of poor health to become more active. In addition the presentation will ask members how they think the Sport and Leisure team can further engage with those individuals and groups who would be currently inactive and would benefit from support.