# North Tyneside Health & Wellbeing Board Report Date: 29 October 2015

**ITEM 11** 

Title: The Learning Disability Fast Track Plan

Report from: North Tyneside Clinical Commissioning Group

Report Author: Tom Dunkerton, Commissioning (Tel: 0191 2931156)

Manager

# 1. Purpose:

This paper outlines NHS England's "fast track" programme of system wide change to improve care for people with learning disabilities and/or autism, and behaviour that challenges services.

In addition, the paper provides the North Tyneside Health and Wellbeing Board with an overview of the North East and Cumbria five key priority areas for "fast track"

# 2. Recommendation(s):

The Board is recommended to note the information contained in this report.

### 3. Policy Framework

This item relates to the Improving Life Expectancy priority of the Joint Health and Wellbeing Strategy 2013-18.

#### 4. Information:

- 4.1 The publication of the Department of Health report; Transforming Care: A national response to Winterbourne View Hospital (2014) set out clear actions, timescales and requirements for Clinical Commissioning Groups and Local Authorities to work together with providers, individuals and their families to transform care and support for people with learning disabilities.
- 4.2 The report highlighted issues and risks in relation to the delivery of the Winterbourne View Review concordat (2012) and also questioned the ability for local health and social care communities to ensure safe, appropriate, high quality care for vulnerable people, particularly those with learning disabilities and autism. Nationally data suggested that less than half of the learning disabilities/autism population residing in assessment and treatment units has been discharged within the timescale of June 2014 as set out in the Winterbourne View Concordat.

- 4.3 In response to the Winterbourne Concordat, North Tyneside CCG identified ten patients who were residing in NHS hospital beds without any agreed discharge date or active treatment plan.
- 4.4. Through the work of the North Tyneside Complex Commissioning Group, learning disabilities register was established and a work programme developed to facilitate the transition process for all patients residing in hospital beds.
- 4.5 As at 30 September 2015, there is one patient from the original cohort of ten patients. residing in hospital.
- 4.6 Additionally, a further eight patients have been admitted in to hospital of which six have been discharged and two receiving active treatment.
- 4.7 To date nine of the total number of discharged patients has been placed out of area. All put of area placements are within the North East region and plans are being developed to repatriate patients in to the North Tyneside borough where appropriate to do so.
- 4.8 In June 2015, the Chief Executive of NHS England, Simon Stevens announced new "fast track" programme naming five "fast track" sites who will receive extra support to transform services for people with learning disability and/or autism and challenging behaviour or a mental health condition. Each "fast track" site will have access to a £10million transformation fund, to enable commissioners across health and social care to test new approaches, tackle some of the long standing issues and drive sustainable change. North East and Cumbria have been identified as one of the sites.

Each of the five "fast track" sites were invited to submit a regional plan describing medium and long term transformation plans including the application of new models of care, ability to demonstrate leadership capability and whole system capacity planning. The North East and Cumbria Plan will focus on five key areas:

- Less reliance on in-patient admissions delivering a 50% reduction in admissions to inpatient disability services by 2020.
- Strengthening services in the community and alternatives to hospital admission.
- Increase capacity and sustainability in the system.
- Prevention, early identification and early interventions.
- Avoidance of crisis and better management of crisis when it happens.

Following submission of the regional plan on 7 September 2015, NHS England has now confirmed that North East and Cumbria has been awarded £1.432m of the transformation fund with specific conditions detailed below:

Project Management	Workforce Development	Community Service Development	Provider Transitional Support	Capital
100	200	1,132		

- Project Management Support and workforce Development costs have been standardised for all bids.
- All Capital bids were removed including the North East and Cumbria request for £470k as it is expected this would be shared with the Regions and priorities through the capital investment business case process in 2015/16 or 2016/17.
- Planned transformation fund expenditure described will be achieved in year (2015/16), with match funding from 2015/16 or 2016/17.

- NHS England have requested that North East and Cumbria further review its level
  of ambition and pace of change in relation to CCG commissioned NHS beds and
  in doing so, describe a clear end state on what the landscape will look following
  transformation by 2018/19.
- Publication, by 29 October 2015, of a revised version of the plan-setting out further details around proposed changes to service including millstones and timescales (e.g. Closure of particular in-patient units, establishment of rapid community support teams etc.). It is envisaged the revised publication will need to be a consultation or pre-consultation document.
- 4.9 In support of the regional bid, the North Tyneside Learning Disabilities Board are in the process of further developing its work plan around five key task and finish groups:
  - Prevention
  - Housing
  - Joint Commissioning
  - Front of House integration
  - Care Planning, Care pathways and care-coordination.
- 4.10 In addition, North Tyneside CCG will actively work with the North East and Cumbria Transformation Board in completing further financial analysis and modelling to provide further detail on the baseline position and the financial implications of the proposed regional plan. The North Tyneside Learning Disabilities Board will ensure local plans are aligned to the North East and Cumbria's five key priorities for "fast track". Key elements of North Tyneside's local plan include:
  - Systematic early identification and intervention
  - o Planned, proactive and coordinated care in the community.
  - o Effective prevention and management of crisis.
  - Helping people who enter the criminal justice system.
  - o A consistently highly skilled, confident and value driven workforce.
  - Improved systems in prescribing and medicine reviews
  - Equitable service provision and high quality evidence based care in the most appropriate setting.

#### 5. Decision options:

The Board is recommended to note the information contained in this report.

### 6. Appendices:

No appendices attached with this report.

#### 7. Contact officers:

Tom Dunkerton, Commissioning Manager, North Tyneside Clinical Commissioning Group.

# 9. Background information:

The following background documents have been used in the compilation of this report and are available from the author:-

- Winterbourne View Concordat (2012)
- o Transforming Care: A National Response to Winterbourne Review (2014)
- Transforming Care for people with learning disabilities (next steps): Progress report from the Transforming Care Delivery Board-(2015).

#### COMPLIANCE WITH PRINCIPLES OF DECISION MAKING

#### 10 Finance and other resources

North East and Cumbria have been awarded £1.432 million of the £10 million Transformation Fund. The North East and Cumbria Transformation Board will develop criteria for devolving the finance across each CCG/LA area. As part of the North Tyneside Learning Disabilities Board local plan, a funding bid for £250,000 to support the development of a community infrastructure was submitted as part of the Regional bid. No decision has been made at this point as to the final allocation across the North East and Cumbria region or how this will be devolved locally.

# 11 Legal

There are no known legal implications identified in this report.

# 12 Consultation/community engagement

- 12.1 The report describes the national approach taken by NHS England to "fast track" an existing programme of work on quality improvement for people with learning disabilities and/or autism whose behaviour challenges. As part of the process put in place by NHS England, the revised version of the North East and Cumbria plan due to be published on 10 October will need to be a consultation-pre-consultation document.
- 12.2 In addition, there are a number of key stakeholders identified and actively involved including; all 13 Local Authorities, NHS providers including specialist commissioners, learning disability providers, carers and families and the voluntary and community sector.

# 13 Human rights

There are no human rights implications directly arising from this report.

# 14 Equalities and diversity

One will be undertaken in the process of the work.

### 15 Risk management

A full risk assessment will be undertaken as part of this work.

# 16 Crime and disorder

There are no crime and disorder implications identified as part of this work.

# SIGN OFF

Director of Public Health	
Chair/Deputy Chair of the Board	Χ
Chief Finance Officer	Χ
Head of Law & Governance	Х