

North Tyneside Health and Social Care Integration Programme – Programme Board Update

Board Name	Self Care and Prevention		Lead	John Matthews		Date of Update	December 2015
Objective	Action(s)	RAG	Start Date	End Date	Current Position / HWBB Reporting	Issues for Board Discussion	
1. Establishing an online resource which describes the local care and support system LEAD: Ruth Battey	<ul style="list-style-type: none"> Update of My Care content to meet Care Act 'must do' requirements. 	On Track	Jan 2015	Apr 2015	Content of the site continues to be monitored and updated to ensure accuracy. A new end of life care section will be live from early December.		
	<ul style="list-style-type: none"> Procurement of new web portal 	Slippage	Aug 2015	Jan 2016	The work has not yet been advertised on the procurement portal; the specification continues to go through further assurance and governance checks within the Council.		
	<ul style="list-style-type: none"> Launch of new web portal 	Slippage	Feb 2016	April 2016	Not yet started but will be delayed due to slippage in advertising the work on the procurement portal.		
	<ul style="list-style-type: none"> SIGN App developed and launched 	On Track	Jul 2015	Dec 2015	A provider has been secured and works to build the App starts in mid December 2015. The aim is to launch the App in January 2016. SIGN are working on a communication plan.		
	<ul style="list-style-type: none"> Development and piloting of a shared community wellbeing directory. 	On Track	Jul 2015	Dec 2016	The SIGN Information System will be made available as part of soft launch from mid December – www.sign-nt.co.uk . GP pilot sites have been identified as Lane End Surgery, Collingwood Wellspring, West Farm and Village Green Wallsend. Social Care pilot sites are Care and Connect and the Gateway team. Work will continue to populate and refine the information contained.		
2. Development of a prevention strategy to reduce / delay the need for adult care and support LEAD: Haley Hudson	<ul style="list-style-type: none"> Strategy scope and requirements agreed with all partners 	Complete	Jul 2015	Sep 2015	Multi agency workshop held on the 24 August to agree rationale, content and purpose of the strategy. A presentation was made to the Health and Wellbeing Board in October 2015.		
	<ul style="list-style-type: none"> Services mapped, assessed and future model agreed 	On Track	Oct 2015	Mar 2016	Some initial mapping was completed as part of the workshop in August and circulated to those who attended. The next stage is to develop and test tools which will assess the effectiveness and impact of prevention services. It is planned to start work with the CVS Chief Officers' Forum to evaluate some tools. In January 2016.		
	<ul style="list-style-type: none"> Strategy launched 	N/A	Mar 2016	Apr 2016			
3. Establishing a shared advice and information hub Lead: Ian McKee	<ul style="list-style-type: none"> Location(s) and model agreed and developed 	Slippage	Aug 2015	Dec 2015	Timescales have slipped due to a lack of clarity about use of the Rake Lane site. A meeting is scheduled for 5 December to discuss and agree next steps.		
	<ul style="list-style-type: none"> Premises and resources secured 	Slippage	Dec 2015	Feb 2016	As above.		
	<ul style="list-style-type: none"> Go live 	N/A					
4. Coordination and delivery of Public Health campaigns that promote health and active lifestyles and encourage lifestyle change Lead: Christine Jordan	<ul style="list-style-type: none"> Smoking cessation Reducing harmful alcohol use Healthy weight Positive emotional wellbeing HIV 	On Track	Jul 2015	March 2016	<ul style="list-style-type: none"> Smoking - Stoptober was the 28 October 2015. The new legislation in relation to smoking in cars came into force on 1st Oct and we publicised this widely alongside FRESH NE. Work has started to plan for national 'no smoking day' in March 2016. Alcohol - We worked with BALANCE NE on Dry October and will continue this work for Dry January 2016. Healthy weight – We continue work to market Active NT and the Weight Worries programme and we continue to use the C4Life national social marketing programme. Positive emotional wellbeing -World Mental Health Day on 10th Oct focused on Dignity in care and support services. HIV - Public Health England has launched the first nationally available HIV kit for testing those at higher-risk, alongside announcing new funding for innovative HIV prevention projects. People at higher-risk of HIV across the country can now order an HIV home-sampling test kit online, and are being encouraged to take the simple finger prick blood sample for National HIV Testing Week, which starts on the 21 November 2015. Improved treatment for HIV means those diagnosed early can have a life expectancy almost matching that of people who are HIV free. 		
5. Strengthening self care information and campaigns to support those with long term conditions LEAD: TBC	<ul style="list-style-type: none"> Agree LTC area and Group to Take the Work Forward 	On Track	Dec 2015	Dec 2015	The Patient Forum has been invited to identify their priority areas. Based on this, a new or existing sub group will take the work forward, supported by the Community and Health Care Forum.		
	<ul style="list-style-type: none"> Review and map existing advice and information resources 	N/A	Jan 2016	Feb 2016			
	<ul style="list-style-type: none"> Agree gaps and priorities for the year 	N/A	Feb 2016	Mar 2016			
	<ul style="list-style-type: none"> Development and testing of new materials / approaches 	N/A	April 2016	July 2016			

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Engagement Activity			
Title and Purpose of Activity	Target Group	Details of Activity	Current Outcome of Activity
A. Identifying gaps in advice and information about the care and support system	Adult social care current users and carers	Statutory annual user survey for Adult Social Care carried out in Feb 2015, included additional questions about needs for advice and information.	Results have been collated and have fed into the national performance framework for ASC 2015. The results have also been used to inform the Advice and Information Strategy for adult care and support for North Tyneside – due to be published in January 2016.
B. Consultation about the advice and information strategy	User, carer and patient rep groups, professionals and CVS	Stakeholder event to share, review and discuss the draft advice and information strategy – planned for September 2015.	The results will also be used to inform the Advice and Information Strategy for adult care and support for North Tyneside.
C. Testing and evaluating new approaches and materials for self care	Condition specific patient groups	To be developed once priority areas have been agreed.	
D. Testing and evaluating new approaches and materials for self care	Those with end of life care and support needs	Focus groups and postal survey which have gathered the views and experiences of those at end of life and advice and information. Both the survey and focus groups have now been completed.	A new 'booklet' and website section of My Care has been written in conjunction with a working group of people who have end of life care and support needs.
E. Self Care Working Group	North Tyneside CCG Patient Forum	One of the 7 working Groups of the Patient Forum is set up to look at Self Care.	A third back pain workshop was held during October 2015 at the White Swan Centre. The next meeting is Wednesday 18 November 2015