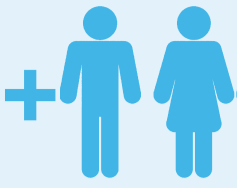


# CARED FOR, SAFEGUARDED AND HEALTHY

## Life Expectancy and Healthy Life Expectancy

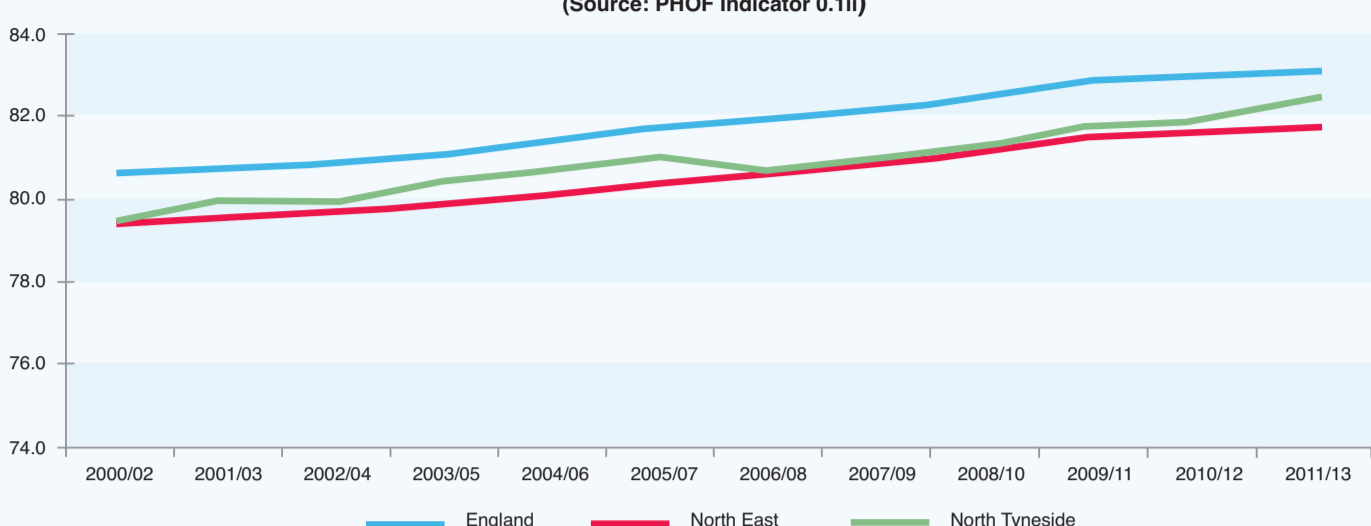


**Life Expectancy** is steadily increasing both within the Borough, and across the country as a whole, for both men and women.

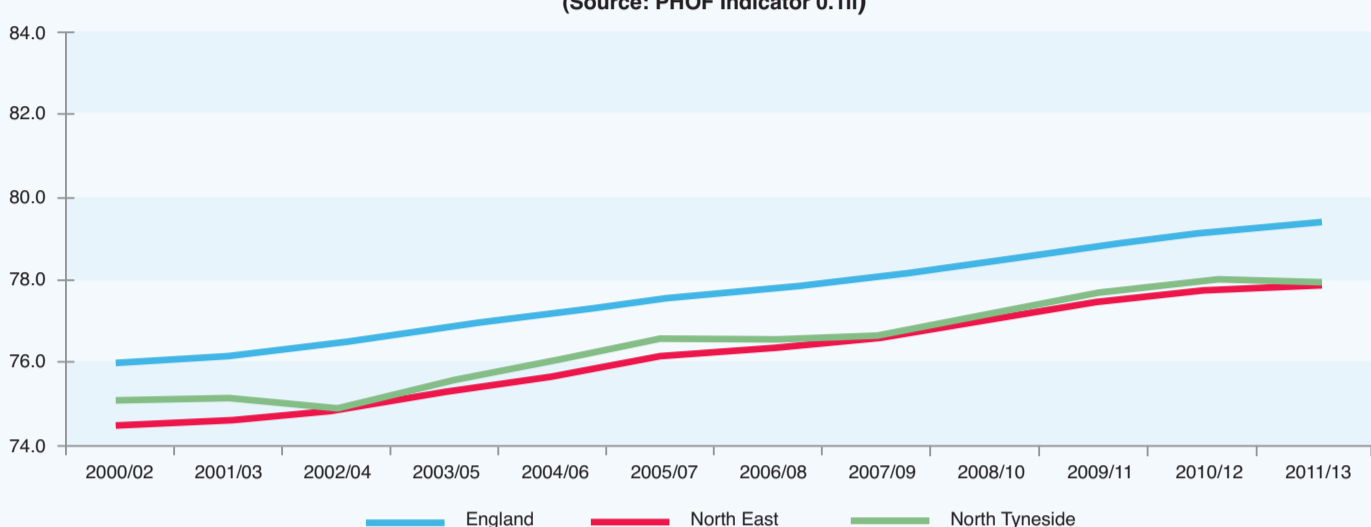
In North Tyneside life expectancy is **4.5 years** greater for women than men.

For both men and women in North Tyneside, average Life Expectancy is slightly less than that for England.

**Life Expectancy at Birth for Women in years**  
(Source: PHOF Indicator 0.1ii)



**Life Expectancy at Birth for Men in years**  
(Source: PHOF Indicator 0.1ii)

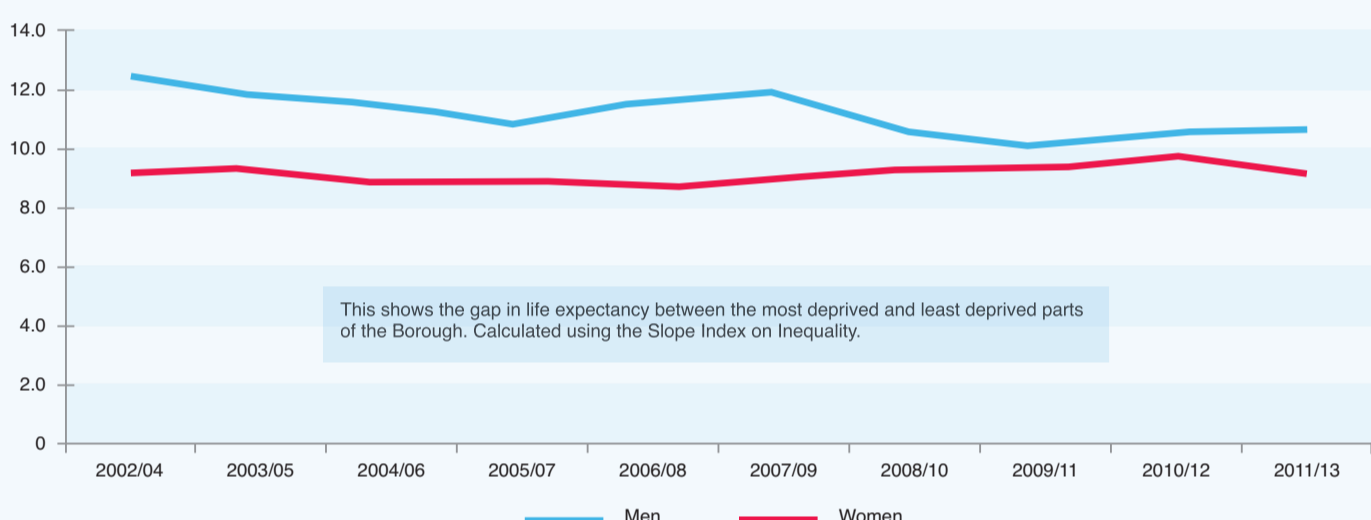


## Life Expectancy Gap within the Borough

The gap in life expectancy within the Borough is significant and in the last decade, this gap has not reduced for women and has seen only a modest reduction for men.

A child born today in the most deprived part of the Borough can expect to live on average 10 years less than a child born in the least deprived part.

**Life Expectancy Gap within North Tyneside in years**



## Healthy Life Expectancy

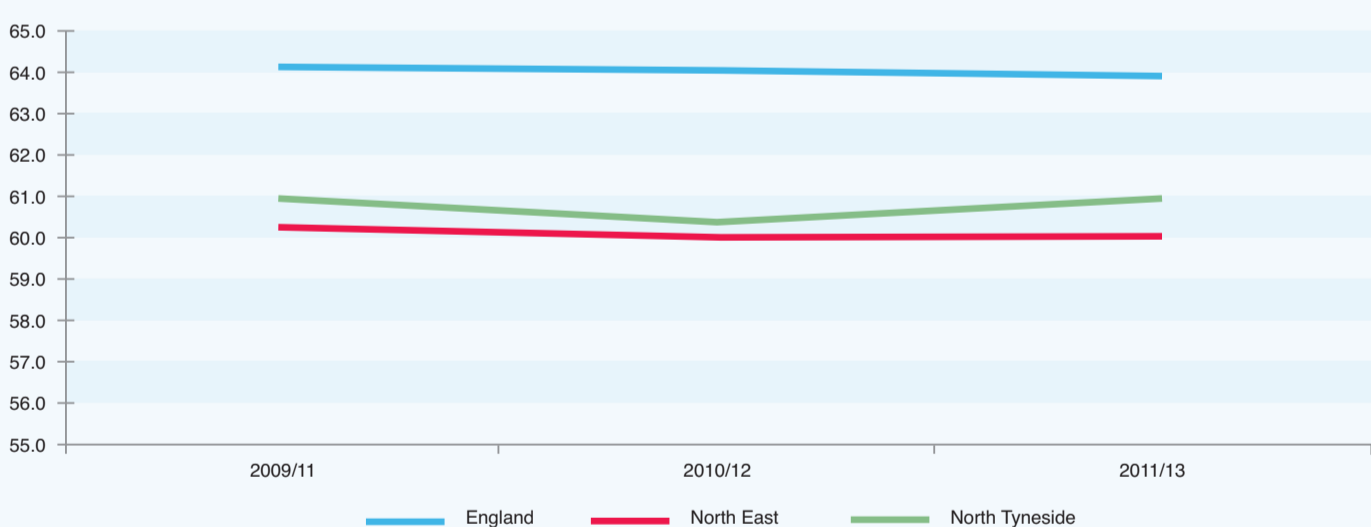


**Healthy Life Expectancy** is the average number of years a person can expect to live in good health.

In North Tyneside this age is slightly higher for women than men, but both these figures lag behind England.

On the latest data, Healthy Life Expectancy within the Borough is **61 years** for women and **59.9 years** for men. For women this is **2.9 yrs** less than the average for England and for men **3.4yrs** less.

**Healthy Life Expectancy for Women (years)**



**Healthy Life Expectancy for Men (years)**



Comparing Life Expectancy and Healthy Life Expectancy identifies a considerable number of years in which people in the borough are not expected to live in good health

This average figure is **21.5 years** for women and **18.1 years** for men.

**The difference between Life Expectancy and Healthy Life Expectancy in North Tyneside in years (2011-13)**

