

# Health and Wellbeing Board

## Development of a Joint Mental Health Strategy

28 April 2016



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## Context

- Develop a joint mental health wellbeing strategy
- Multi-agency approach
- Working age adults
- Links with older people, children's strategies



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## Governance and oversight

- Health and wellbeing board – sign off
- Mental health integration board – oversight and progress / reporting
- Individual workstreams / task and finish groups
- Multi-agency approach



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## Work to feed into this.....

- Mental health needs assessment – 2015
- Mental health action day – Dec 2015
- Mental health profile – 2014, PHE
- Review of commissioned services – NTC
- Mental health concordat – CCG/NTC
- Mental health survey - Healthwatch



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## Mental health action day – 1 December 2015

- Outcome – ensure discussions, ideas and suggestions from the day are not lost, some key messages from the day identified need for change and shared thinking
- Develop a integrated mental health strategy
- Ensure services are accessible
- Ensure everyone understands the key issues



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## Key themes (1)

- Personalisation – supporting people to be at the heart of decision making, personal budgets (health and social care) and direct payments
- Prevention – primary and secondary care
- Improving health and wellbeing – lifestyle, inequalities, parity of esteem, mental / physical health



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## Key themes (2)

- Supporting recovery – primary care / talking therapies, social care community services
- Access – in hours and out of hours, crisis response, suicide prevention, dual diagnosis, mental health and learning disability
- Integration – primary and secondary care, CAMHS, treatment



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## Underpinning values

- Engagement and involvement to make sure we have got it right
- Financial sustainability going forward, we know we have less money in the system
- Safeguarding
- High quality services



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## Strategy development / timeline

- Draft to the HWB board – 28 April
- Comments / feedback
- Individual agency / organisational feedback
- Mental health integration board
- Wider engagement
- Final version – sign off end June 2016 by chair of HWB board



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