

North Tyneside Health and Social Care Integration Programme – Programme Board Update

Board Name	Self Care and Prevention		Lead	John Matthews		Date of Update	February 2016
Objective	Action(s)	RAG	Start Date	End Date	Current Position / HWBB Reporting	Issues for Board Discussion	
1. Establishing an online resource which describes the local care and support system LEAD: Ruth Battey	<ul style="list-style-type: none"> Update of My Care content to meet Care Act 'must do' requirements. 	Complete	Jan 2015	Apr 2015	The new Palliative Care section is now live. Updates continue to be made to ensure the website is current and accurate.		
	<ul style="list-style-type: none"> Procurement of new web portal 	Slippage	Aug 2015	Jan 2016	Procurement underway and the tender is live on the portal. The closing date for responses is 3 rd February, after which each response will be evaluated. Contract should be awarded early April 2016.		
	<ul style="list-style-type: none"> Launch of new web portal 	Slippage	Feb 2016	April 2016	Delayed due to procurement slippage, anticipated launch during June/ July 2016.		
	<ul style="list-style-type: none"> SIGN App developed and launched 	On Track	Jul 2015	Dec 2015	App not yet launched, due in early February. Some delays with functional testing, and user testing is now underway. A communication plan is developed to ensure widespread promotion of this work.		
	<ul style="list-style-type: none"> Development and piloting of a shared community wellbeing directory. 	On Track	Jul 2015	Dec 2016	Delay in soft launch, now planned for start of February 2016. MOU is being developed with ALISS before further accounts are issued. This should be complete by 29/01/2016 and input can re-commence. Promotion of system with providers and services linked to SIGN App communication plan.		
2. Development of a prevention strategy to reduce / delay the need for adult care and support LEAD: Haley Hudson	<ul style="list-style-type: none"> Strategy scope and requirements agreed with all partners 	Complete	Jul 2015	Sep 2015	Multi agency workshop held on the 24 August to agree rationale, content and purpose of the strategy. A presentation was made to the Health and Wellbeing Board in October 2015.		
	<ul style="list-style-type: none"> Services mapped, assessed and future model agreed 	Slippage	Oct 2015	Mar 2016	Some initial mapping was completed as part of the workshop in August and circulated to those who attended. The next stage is to develop and test tools which will assess the effectiveness and impact of prevention services. A meeting was cancelled by the work stream lead to meet with CVS reps to develop work on prevention assessment tools. This session will be rearranged for late February / early March.		
	<ul style="list-style-type: none"> Strategy launched 	N/A	Mar 2016	Apr 2016			
3. Establishing a shared advice and information hub Lead: Ian McKee	<ul style="list-style-type: none"> Location(s) and model agreed and developed 	Off Track	Aug 2015	Dec 2015	A meeting has been held with Claire Riley to discuss developing a 'working hub' with potential for co-located services. There is agreement in principle but there are h other initiatives involving the Trusts own Advice and Information requirements that will need to be considered		
	<ul style="list-style-type: none"> Premises and resources secured 	Off Track	Dec 2015	Feb 2016	As above.		
	<ul style="list-style-type: none"> Go live 	N/A					
4. Coordination and delivery of Public Health campaigns that promote health and active lifestyles and encourage lifestyle change Lead: Christine Jordan	<ul style="list-style-type: none"> Smoking cessation Reducing harmful alcohol use Healthy weight Positive emotional wellbeing HIV Sexual health 	On Track	Jul 2015	March 2016	<ul style="list-style-type: none"> Smoking – The 16 Cancers campaign launches on February 1 across TV, radio and online in partnership with Cancer Research UK. Planning for national 'no smoking day' in March 2016 is now underway. We will be doing more work to support the use of E cigarettes to reduce harm now that PHE has produced evidence on benefits and a licence has been granted to prescribe one product. Alcohol – Focus upon Dry January 2016 and promoting the CMOs new guidelines which were released in January for the safe consumption of alcohol. Healthy weight – We continue work to market Active NT and the Weight Worries programme and we continue to use the C4Life national social marketing programme. There is a key focus on sugar reduction in the diet and the C4L sugar app has been launched. Positive emotional wellbeing – The Health and Wellbeing Board hosted an action day on adult mental health and the outcome will be to produce a strategy for the borough. Sexual Health HIV - Public Health England has launched the first nationally available HIV kit for testing those at higher-risk, alongside announcing new funding for innovative HIV prevention projects. People at higher-risk of HIV across the country can now order an HIV home-sampling test kit online, and are being encouraged to take the simple finger prick blood sample. Supported World Aids Day on 1st December 2015 and the light house was illuminated red for the day and evening. 		
5. Strengthening self care information and campaigns to support those with long term conditions LEAD: Michelle Spencer	<ul style="list-style-type: none"> Agree LTC area and Group to Take the Work Forward 	On Track	Dec 2015	Dec 2015	Atrial Fibrillation agreed with the Patient Forum.		
	<ul style="list-style-type: none"> Review and map existing advice and information resources 	On Track	Jan 2016	Feb 2016	Patient Forum members supported the mapping of Atrial Fibrillation their choice from the options shared (paper to be tabled)		
	<ul style="list-style-type: none"> Agree gaps and priorities for the year 	On Track	Feb 2016	Mar 2016	Members felt there is enough information available and all with a consistent message however most is on line. Members are able to discuss this at practice PPG level however meeting dates are at varying times over the next few months		
	<ul style="list-style-type: none"> Development and testing of new materials / approaches 	N/A	April 2016	July 2016			

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Engagement Activity			
Title and Purpose of Activity	Target Group	Details of Activity	Current Outcome of Activity
A. Identifying gaps in advice and information about the care and support system	Adult social care current users and carers	Statutory annual user survey for Adult Social Care carried out in Feb 2015, included additional questions about needs for advice and information.	Results have been collated and have fed into the national performance framework for ASC 2015. The results have also been used to inform the Advice and Information Strategy for adult care and support for North Tyneside – due to be published in January 2016.
B. Consultation about the advice and information strategy	User, carer and patient rep groups, professionals and CVS	Stakeholder event to share, review and discuss the draft advice and information strategy – planned for September 2015.	The results will also be used to inform the Advice and Information Strategy for adult care and support for North Tyneside.
C. Testing and evaluating new approaches and materials for self care	Condition specific patient groups	To be developed once priority areas have been agreed.	
D. Testing and evaluating new approaches and materials for self care	Those with end of life care and support needs	Focus groups and postal survey which have gathered the views and experiences of those at end of life and advice and information. Both the survey and focus groups have now been completed.	A new 'booklet' and website section of My Care has been written in conjunction with a working group of people who have end of life care and support needs.
E. Self Care Working Group	North Tyneside CCG Patient Forum	One of the 7 working Groups of the Patient Forum is set up to look at Self Care.	A third back pain workshop was held during October 2015 at the White Swan Centre. The next meeting is Wednesday 18 November 2015