

Health, Wellbeing and Social Care Commissioning Intentions 2017 / 2018

North Tyneside Health and Wellbeing Board and
Adult Social Care Health and Wellbeing Sub-Committee

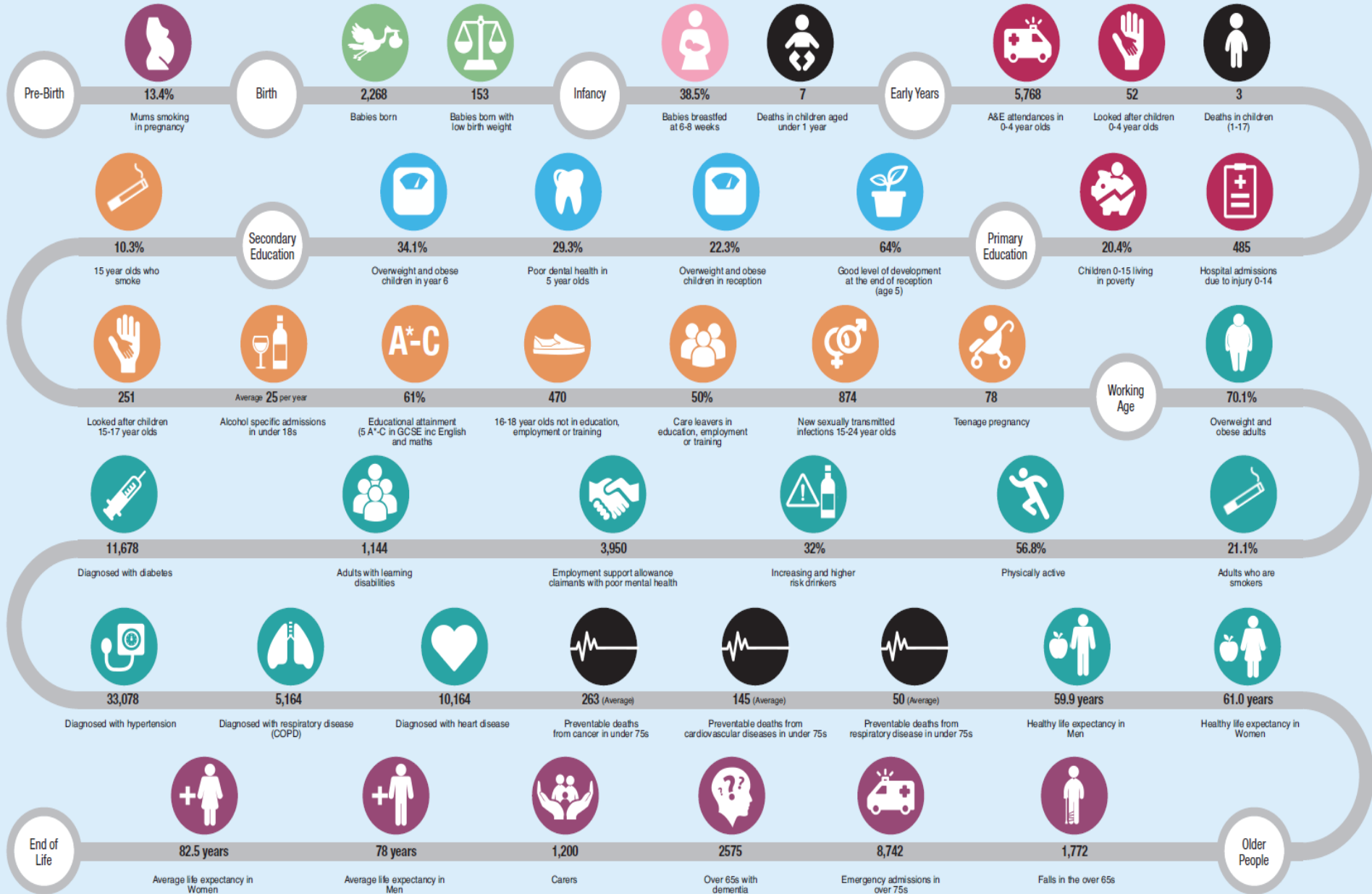
12 January 2017

Introduction and purpose

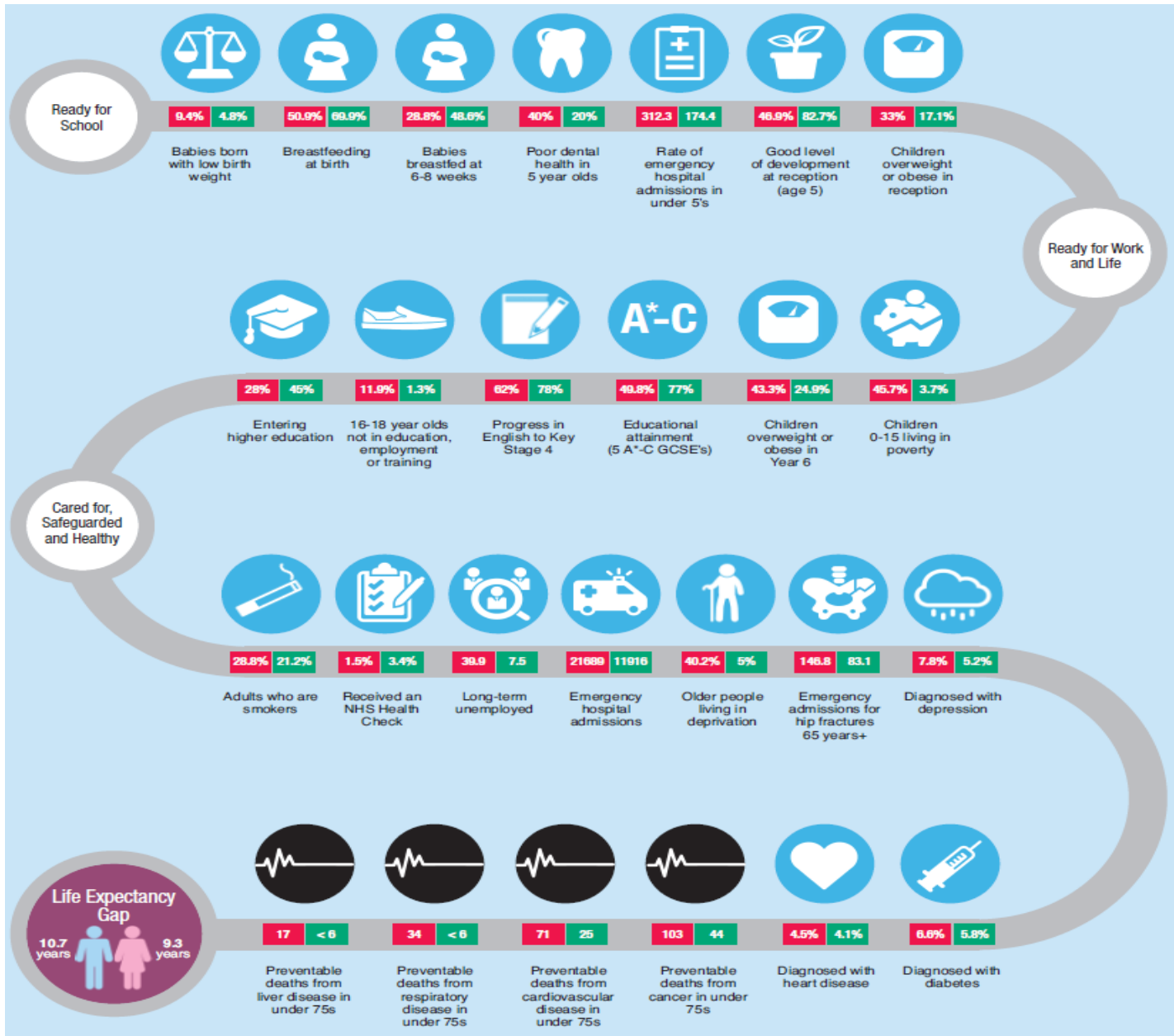
- Understand the current drivers for North Tyneside Clinical Commissioning Group and North Tyneside Council in terms of commissioning health, wellbeing and care services
- Give an overview of priorities, budget and service changes planned for 2017 / 2018 in:
 - Adult social care
 - Children, young people and family services
 - Public health
 - The NHS locally
- All plans are subject to further consultation and ratification



Our health and wellbeing



Health inequalities



North Tyneside Joint Health and Wellbeing Strategy

Objectives

1. To continually seek and develop new opportunities to **improve the health and wellbeing** of the population
2. To reduce the difference in **life expectancy** and healthy life expectancy between the most affluent and most deprived areas of the borough
3. To shift investment to focus on evidence based **prevention and early intervention** wherever possible
4. To **engage with and listen to local communities** on a regular basis to ensure that their needs are considered and wherever possible addressed
5. To **build resilience** in local communities through focussed interventions and ownership of local initiatives to improve health and wellbeing
6. To **integrate services** where there is an opportunity for better outcomes for the public and better use of public money
7. To focus on outcomes for the population in terms of measurable **improvements in health and wellbeing**

North Tyneside Joint Health and Wellbeing Strategy

Key priority areas

1. Improving the health and wellbeing of families
2. Improving mental health and emotional wellbeing
3. Addressing premature mortality, reducing the gap in life expectancy and improving health life expectancy
4. Reducing avoidable hospital and care home admissions

Council challenges / drivers

Reducing Budget

- A reduction in core funding with the Council needing to save over £43.5m in next 2 years
 - Additional pressures e.g. living wage
 - Year on year reduction in PH ring-fenced grant
 - For 2017/2018 this means a significant reduction for ASC, CYPL and PH
- Increasing numbers of children receiving social care services
 - Increasing frailty and complexity of need in adult social care
 - Focus on prevention and wellbeing
 - Increasing life expectancy
 - Health inequalities
 - Pressures within learning disability services

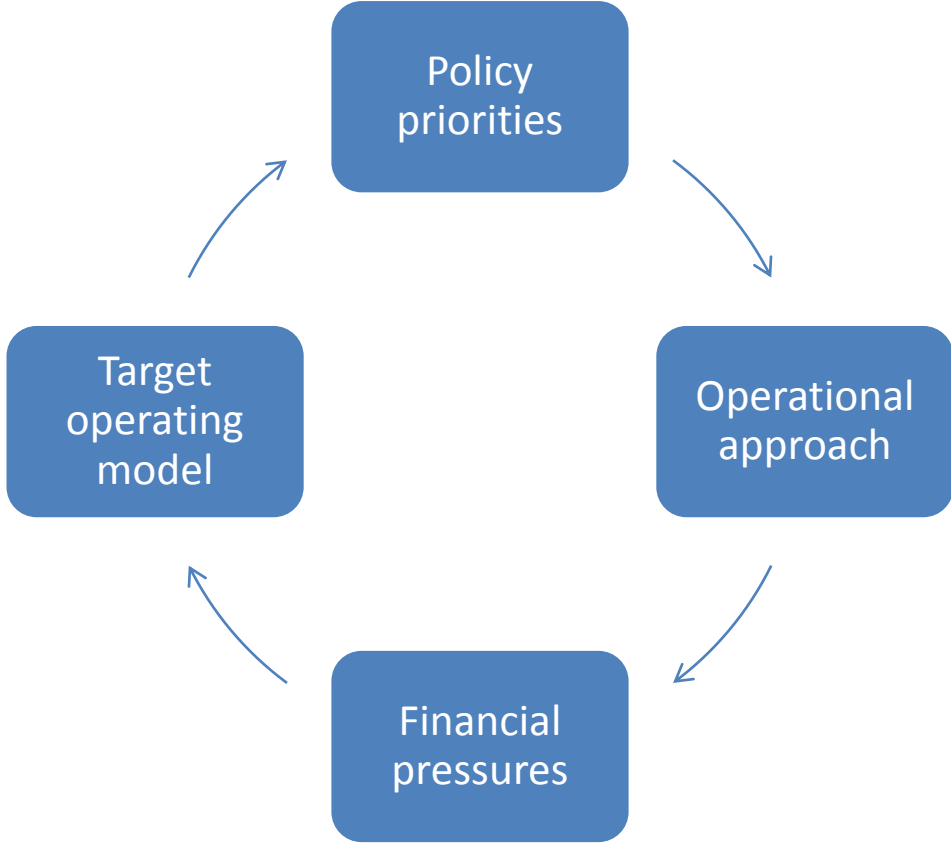
Increasing Demand



Our Approach

Our North Tyneside Plan sets out the policy priorities:

- Our people
- Our places
- Our economy
- Working with our partners



The Target Operating Model (TOM) addresses the financial challenges whilst enabling us to continue to deliver the Our North Tyneside Plan and CBF priorities. It informs and defines the financial plan.

We have operationalised these priorities through our Creating a Brighter Future programme:

- Ready for school
- Ready for work and life
- Cared for safeguarded and healthy
- Great place to live work and visit

Savings of £43.5m to be achieved over the next two years

CCG challenges/drivers

- Ageing population with increasing needs
- Health inequalities between localities
- Over reliance on hospital based services
- Increasing high cost drugs and medical technologies
- Minimal growth in financial allocations
- Historic CCG deficit (£19.3m)
- Forecast NHS cumulative financial gap over next 5 years if nothing changes of additional £80-90m
- Greater emphasis on planning and delivery at scale (Northumberland, Tyne & Wear footprint - £1.7m people)



North Tyneside

Clinical Commissioning Group



North Tyneside Council

Improving the Health and Wellbeing of Families (1)

- Support people to address their common health problems through self-management or low intensity solutions
- Promote use of 'Patient Online'
- Collaborate with public health and vol. sector
- Direct people to right solutions via eg. direct booking through NHS 111, streaming of patients in A&E, use of community pharmacy



Improving the Health and Wellbeing of Families (2)

- Transforming children's services
 - Managing demand
 - Multi agency safeguarding hub (MASH)
 - Prevention and early help
 - Edge of care, looked after children, leaving care
 - Signs of Safety

Improving the Health and Wellbeing of Families (3)

- Early education and childcare 0-5
 - Implement the next phase of the Childcare Review to ensure sufficient childcare provision across North Tyneside
 - Deliver the 2 year old targeted offer, 3 and 4 year old universal offer
 - Prepare for the new 30 hours childcare entitlement for eligible working families
- Support for schools
- Employment and skills
- Children with disability care packages



Improving Mental Health and Emotional Wellbeing (1)

- Review Regional Eating Disorder and Community Eating Disorder services as part of the CAMHS Transformation Plan
- Begin roll-out of NTW New Pathways of Care
- Establish Stakeholder Group Review and update suicide prevention strategy
- Evaluation and extension (if appropriate of Improving Access to Psychological Therapies (IAPT) to people with long term conditions
- Address mental health needs of individuals accessing urgent care services
 - Liaison Psychiatry
 - Identification of further initiatives to deliver full expectations of Mental Health Five Year Forward View



Improving Mental Health and Emotional Wellbeing (2)

- Implement action plan from mental wellbeing strategy for children and young people
- Implement action plan from mental wellbeing strategy for adults
- Review suicide action plan
- Support and promote world suicide day and world mental health day



Improving Premature Mortality and Healthy Life Expectancy (1)

- Collaborative working to cut smoking prevalence to 13% by 2020
 - Implementation of the Tobacco CLear assessment action plan
 - Review and re commission stop smoking services to focus on areas of greatest need
 - Joint work to implement smoke free hospitals
 - Joint work to implement the NT locality cancer plan
 - Participate in the regional procurement of Tobacco Control office for the NE (FRESH)

Improving Premature Mortality and Healthy Life Expectancy (2)

- Address raised blood pressure as highest modifiable risk factor for heart disease
- Address high prevalence of injury from falls
- Improve access to primary care and diagnostic services
- Develop cancer survivorship pathways for breast, colorectal and prostate cancer



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Improving Premature Mortality and Healthy Life Expectancy (3)

- Reduce the harm caused by alcohol
- Promote healthy weight and reduce obesity levels
- Promote positive sexual health and access to contraceptive and sexual health services
- Promote uptake of NHS health checks in areas of greatest need
- Promote work place health and wellbeing
- Promote making every contact count through training for all frontline staff
- Further develop Care and Connect



Reducing Avoidable Hospital, Care Home Admissions and demand on services (1)

- Risk stratification for patients with lung or colorectal cancer to reduce non-elective admissions
- Community palliative care support for people at the end of life
- Plans that are resilient to winter surges or other sudden increases in demand
- Mobilise integrated Musculoskeletal community service
- Procurement of integrated urgent care centre and GP out-of-hours service
- Evaluation and roll-out of Care Plus (New Models of Care) for patients at highest risk of unplanned hospital admission



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Reducing Avoidable Hospital, Care Home Admissions and demand on services (2)

- Reviewing the ASC customer journey pathway
- Value for money tested social care
 - Home care model
 - Extra care and supported living
 - Care Call
- Continue to promote the independence of people with a disability:
 - High quality housing and residential care provision
 - New framework agreement for supported living and community support
 - Strengthen the role of enablement to improve independence of disabled people
- Work with the market to manage costs and demand



Next Steps

- Refine commissioning intentions into concrete plans for 2017/18
- Review the North Tyneside Joint Health and Wellbeing Strategy in June 2017
- Review integrated working arrangements
- Share and reflect upon national duties and drivers across organisational boundaries
- Develop an integrated approach to commissioning intentions for January 2018

