

North Tyneside Health and Social Care Integration Programme – Programme Board Update

Board Name	Mental Health Integration Board		Lead	Ruth Evans CCG / Scott Woodhouse NTC		Date of Update	8 December 2016
Objective	Action(s)	RAG	Start Date	End Date	Current Position / HWBB Reporting	Issues for Board Discussion	
Underpinning Strategic Initiatives	<ul style="list-style-type: none"> Develop patient and carer participation plan to ensure appropriate involvement in mental health planning and commissioning 	Amber	April 2016	March 2017	<ul style="list-style-type: none"> Work underway to review current engagement 		
	<ul style="list-style-type: none"> Review and update the North Tyneside Mental Health Crisis Care Concordat to ensure that all aspects of mental health crisis are identified and managed 	Green	April 2016	March 2017	<ul style="list-style-type: none"> The Crisis Concordate Group meets bi-monthly. At its previous meeting, options were raised for inclusion into the Concordat. These are being researched and will be discussed further at the next meeting of the Group. We remain on track to update the Action Plan by the given timescale of March 2017. 		
Improving health and wellbeing – supporting people to live longer with better health	<ul style="list-style-type: none"> To promote mental health through a number of existing programmes and initiatives such as Active North Tyneside, Phoenix Detached Youth Project, Cedarwood Trust, Meadowwell Connected and Safer and Healthy homes. 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Mental Health Awareness raising activity was carried out for World Mental Health day and Suicide Prevention Day 		
	<ul style="list-style-type: none"> Use opportunities to encourage Physical Activity to improve mental health and wellbeing through Active North Tyneside in targeted programmes and in geographical areas where the prevalence of mental health problems are higher. 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Capturing measures and monitoring improvements in emotional wellbeing in the adult weight management programme (Weight Worries) and Children’s Weight Management programme (Healthy4Life). MyClub1 - targeted at young men is being piloted to improve mental wellbeing and increase physical activity. 		
	<ul style="list-style-type: none"> Develop clear stop smoking pathways for people with mental health problems. 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Draft pathway developed by NTW and Public Health – awaiting sign off. 		
Prevention and early intervention – helping people to help themselves, health inequality, early intervention	<ul style="list-style-type: none"> Determine a baseline of carers’ assessments completed in 2016/17 and set targets to increase in future in line with best practice and regional / national benchmarking data. 	Green	April 2016	2016/17	<ul style="list-style-type: none"> There is a performance framework in place for carers assessments with monthly reporting against identified baseline target. Current performance is being updated, will report into next meeting. Joint work with the Carers Centre to increase uptake of carers assessments, dedicated mental health carers worker in place to support this. 		
	<ul style="list-style-type: none"> Begin implementation of extension of IAPT/ Talking Therapies to include people with Long Term Conditions and Medically Unexplained Symptoms. 	Green	April 2016	March 2017	<ul style="list-style-type: none"> The Memorandum of Understanding between NHS England, the CCG and Northumbria Healthcare has been signed. The recruitment process is underway and there are a very high number of applicants so the service is confident it will recruit to the new posts. A process to monitor activity and cost savings has been agreed between the service and the CCG and will be implemented when the service becomes operational in January 2017. There are no identified serious or moderate risk to 	<ul style="list-style-type: none"> Quarterly updates to board regarding project/risks/timescales 	

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		Green			implementation of the service to date. The service has begun discussions with medical directorates within the hospital, which has generated a lot of interest. Monitoring processes for access rates and recovery rates are yet to be determined by NHS England.	
Access – helping people to get the right support at the right time, including in a crisis	<ul style="list-style-type: none"> Complete review of the pilot of the Liaison Psychiatry Core 24 hour service trial to inform development of future Liaison Psychiatry model (to be agreed with Northumberland CCG) 	Green	April 2016	October 2016	<ul style="list-style-type: none"> Pilot ended in October '16 NTW produced evaluation report Meeting between commissioners and NTW to take place 18.10.16 before end October 2016 to agree future service model from 1 November 2016 Meeting took place as agreed. Agreement made to extend the pilot phase for a further 3 months to cover most of the winter period until mid-February 2017. Options for continuing the service beyond this period are being explored. 	
	<ul style="list-style-type: none"> Work to be carried out to improve access to crisis services, with a specific focus upon ensuring that people can access the right services at the most 'critical' time 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Awaiting confirmation of accommodation Joint service with Northumberland Costings for service model are being established Recruitment processes ongoing 	
Personalisation – ensuring the right services are in place and are responsive to the needs of individuals	<ul style="list-style-type: none"> Ensure direct payments are considered for all individuals as part of support planning processes within Adult Social Care. 	Green	April 2016	March 2017	<ul style="list-style-type: none"> All service users in current commissioned services to be reviewed and a personal budget / direct payment offered 	
	<ul style="list-style-type: none"> Ensure there is increased choice and opportunities for individuals to access a range of support options with their personal budget / direct payment. Including access to the Community and Voluntary Sector and wider community based provision 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Market Position Statement currently being drafted, to be completed by Dec 2016. Service user feedback on MPS received Providers being invited to submit service offer details to be accredited for direct payments / individual service fund arrangements 	
Integration – doing things collaboratively and together, public bodies and community / voluntary sector	<ul style="list-style-type: none"> Work with providers to monitor existing transitions processes between Child & Adolescent Mental Health Services and adult services, including Community Mental Health Teams and Talking Therapies services to enhance and develop transitions between health services 	Green	April 2016	November 2016	<ul style="list-style-type: none"> Review of protocols /processes between services have taken place CAMHS Transformation Plan updated accordingly. Actions above undertaken. Action closed 	
	<ul style="list-style-type: none"> Complete a review of accommodation needs for people with mental health within North Tyneside to ensure appropriate accommodation needs are identified and commissioned 	Green	April 2016	March 2017	<ul style="list-style-type: none"> Work is ongoing Windsor Drive converted from residential care service to ISL Potential for new ISL service is being investigated 	
Supporting recovery – helping people to get better and be less reliant on care and support services	<ul style="list-style-type: none"> Work to commence to prevent relapse and re-admission of people previously known to mental health services. This will be achieved through more effectively planned discharges from services and the use of processes such as Wellness 	Amber	April 2016	November 2016	<ul style="list-style-type: none"> Update scheduled for the next Board meeting 	

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	Recovery Action Plans					
	<ul style="list-style-type: none"> Update the local suicide audit, monitor local rates and update the suicide prevention action plan 	Amber	April 2016	December 2016	<ul style="list-style-type: none"> Public Health England have issued new guidance for suicide prevention. North Tyneside's action plan will be reviewed in the new year via a multi-agency workshop to reflect the new guidance. 	

Planned and Completed Engagement Activity

Title and Purpose of Activity	Target Group	Details of Activity	Current Outcome of Activity
3rd Sector Engagement	3 rd Sector Mental Health providers	Mental Health Strategy and accompanying Action Plan to be presented to Mental Health Provider Forum in order to ensure 3rd Sector are engaged in developments	