

(Note: These minutes are subject to confirmation at the next meeting of the Board scheduled to be held on 16 March 2017)

## **Health and Wellbeing Board**

**14 February 2017**

Present: Councillor M Hall (Chair)  
Councillors M A Green, J O'Shea, L Spillard and  
A Waggott-Fairley  
W Burke, North Tyneside Council  
H Hudson, North Tyneside Council  
J Matthews, North Tyneside Clinical Commissioning Group  
P Kenrick, Healthwatch North Tyneside  
J Carlile, Northumberland, Tyne & Wear NHS Trust  
N Bruce, Newcastle Hospitals  
H Minney, TyneHealth  
R Burrows, Childrens Safeguarding Board  
J Pratt, Tyne & Wear Fire & Rescue Service  
A Watson, North of Tyne Pharmaceutical Committee  
A Caldwell, Age UK North Tyneside

### Also Present

M Adams and J Wicks, North Tyneside Clinical  
Commissioning Group  
B Bartoli, Northumbria Healthcare NHS Trust  
M Robson, North Tyneside Council

### **HW41/02/17 Apologies**

Apologies for absence were received from Councillor K Clark, J Old (North Tyneside Council), C Keen (NHS England), J Soo-Chung (North Tyneside CCG), G O'Hare (Northumberland, Tyne & Wear NHS Trust), W Hodgson (Healthwatch North Tyneside), L Hodgson (North East Ambulance Service) and D Titterton (Voluntary & Community Sector)

### **HW42/02/17 Substitute Members**

Pursuant to the Council's Constitution, the appointment of the following substitute members was reported:

Councillor J O'Shea for Councillor K Clark  
H Hudson for J Old (North Tyneside Council)  
J Carlile for G O'Hare (Northumberland, Tyne & Wear NHS Trust)  
N Bruce for L Robson (Newcastle Hospitals)

### **HW43/02/17 Declarations of Interest and Dispensations**

There were no Declarations of Interest or Dispensations reported.

## **HW44/02/17 Minutes**

**Resolved** that the minutes of the meeting held on 12 January 2017 be confirmed and signed by the Chair.

## **HW45/02/17 Appointment of Member to the Board**

It was reported that until November 2016 Pat Robinson had served on the Board in her capacity as Chair of the North Tyneside Safeguarding Adults Board. In order to maintain representation from the safeguarding boards it was proposed that the Chair of the North Tyneside Safeguarding Children Board, Mr Richard Burrows, be appointed as a member of the Board.

**Resolved** that the Chair of the North Tyneside Safeguarding Children Board be appointed as a member of the Board.

(Reason for decision: To maintain representation on the Board from the safeguarding boards.)

## **HW46/02/17 Sustainability and Transformation Plan for Northumberland, Tyne & Wear and North Durham (Previous Minute HW30/11/16)**

John Wicks from the North Tyneside Clinical Commissioning Group (CCG) and Birju Bartoli from the Northumbria Healthcare NHS Trust gave a presentation in which they provided an update on the formulation of the Sustainability and Transformation Plan (STP) and its implications for North Tyneside.

The Board were reminded of the geographical footprint covered by the STP and the three gaps to be addressed, relating to health and wellbeing, care and quality and funding and finance. The STP looked to build upon established programmes of work and to focus on a number of key transformational areas to scale up prevention to an industrialised approach designed by Directors of Public Health and improve the quality and experience of care through out of hospital collaboration by scaling up new models of care.

The Board were presented with a list of the key priorities for North Tyneside including learning from the development of an Accountable Care Organisation (ACO) in Northumberland, review of urgent care, care of the elderly, primary care strategy (see minute HW48/02/17) mental health and community services.

The business case for the Northumberland ACO had been completed and was currently subject to a 2 month assurance process with a tentative timescale of going live on 1 July 2017. The Northumberland ACO presented North Tyneside with an opportunity to observe its impact on staff, patients, communities and organisations, identify what practice could be transferred over to a North Tyneside model and learn from any difficulties. The CCG had paused the development of an ACO in North Tyneside and any progress before April 2017 was unlikely. The preparatory work undertaken up until September 2016 had been saved and learning from Northumberland would help inform the CCG's future consideration of all the options available when under its joint management arrangements with the Newcastle and Gateshead CCG. It was acknowledged that in progressing any changes in governance arrangements the CCG would need to consider how it would involve key stakeholders who previously had been represented on a programme board.

The Board examined what was meant by an industrialised approach to prevention. The STP sought to deliver models and vehicles for prevention to a much larger population across the region. A prevention workstream had been established across the Northumberland, Tyne & Wear, Durham and Teesside footprints, to consider the role of the NHS in upscaling, funding and delivering preventative strategies through initiatives such as Smokefree NHS and Making Every Contact Count.

The Board discussed the effectiveness of previous initiatives to address the borough's poor performance in relation to the harm caused by falls and the need to develop new and effective care models. With reference to musculo-skeletal services, Members also considered how NHS RightCare provided support to the CCG to find ways of improving outcomes for patients and making the best use of available resources.

In response to a request, Birju Bartoli undertook to provide the Board with a copy of a report and action plan arising from a review of the Northumbria Specialist Emergency Care Hospital (NSECH).

**Resolved** that the update on the formulation of the Sustainability and Transformation Plan (STP) and its implications for North Tyneside be noted.

#### **HW47/02/17 North Tyneside Safeguarding Children Board: Annual Report 2015-16**

The Chair of the North Tyneside Safeguarding Children Board (NTSCB), Richard Burrows, attended the meeting to present its Annual Report 2015-16. The key objectives of the NTSCB were to co-ordinate local work to safeguard and promote the well-being of children and ensure the effectiveness of that work. The role of the NTSCB was to scrutinise and challenge the work of agencies both individually and collectively, it was not operationally responsible for managers and staff in constituent agencies.

The annual report set out NTSCB's key achievements and looked ahead to future challenges. It assessed the effectiveness of the Board's joint working arrangements in improving the safety and welfare of children and young people in the borough. The key issues to emerge from the report were presented to the Board and these included:

- a) improving coordination and leadership on strategic issues across partnerships;
- b) ensuring that the monitoring of the performance and quality of joint working, at a time when partners were embarking on significant change, gave assurance that children remained safe and that changes complimented agreed joint priorities and strategies;
- c) to be aware of learning from cases reviewed, whole or part systems changes and major thematic areas of learning and improvement intended to improve the effectiveness of joint working arrangements to protect children; and
- d) to support and respond to a clearer focus on the "voice of the child".

In considering the annual report the Board discussed with Richard Burrows the role of the NTSCB in ensuring that outcomes for looked after children were scrutinised, the ways in which it engaged with young people, the challenges it faced in obtaining the data it required from partner organisations and how it was maintaining an overview of the significant changes in service delivery.

**Resolved** that the content of the North Tyneside Safeguarding Children Board Annual Report for 2015-16 be noted.

## HW48/02/17 North Tyneside Tripartite Primary Care Strategy

The Board received a presentation from Hugo Minney of TyneHealth on the formulation of the North Tyneside Tripartite Primary Care Strategy. The strategy had been the result of collaboration between the North Tyneside Clinical Commissioning Group (CCG), the Newcastle and North Tyneside Local Medical Committee and TyneHealth.

The priorities contained in the strategy were:

- a) a healthy and happy population;
- b) sustainable primary care;
- c) putting the resources to deliver more closely to where we live and work; and
- d) improving work/life balance.

The strategy sought to build on the core strengths of general practice, involving community and secondary care clinicians in an integrated collaborative way to enable innovation. The strategy contained four pillars: improving access to care, enhanced primary care team, specialist support and prevention and self management.

GPs and practices had spent time redesigning out-of-hospital care with the CCG and input from other organisations. The sessions had generated 78 innovative ideas. Focus sessions had help to identify small, easy to implement projects and business cases had been prepared for review by the CCG. Three projects had now been approved for implementation, including Care Navigators. Others were now ready for evaluation.

The Board welcomed the priority that the population should be healthy and happy but queried whether it should also be safe. In response it was stated that when the strategy had been published a number of gaps had been identified and safeguarding had been one of them.

The Board discussed various aspects of the strategy when it:

- a) highlighted the opportunity for the Care Navigators initiative to complement the Sign North Tyneside directory;
- b) suggested that the development of specialist practices in the four localities of the borough might be aligned with the Council's Customer First Centres and the adult social care assessment teams which were based in each locality;
- c) explored the reasons for the lower than expected take up of Care Plus and the options under consideration to re-design the service;
- d) discussed the prominent role of primary care in delivering consistent and authoritative messages to parents about public health issues such as childhood obesity and in this respect it was suggested that the prevention strand of the Primary Care Strategy could be strengthened; and
- e) noted that the formulation of the strategy had encouraged conversations and the sharing of good practice among the 29 general practices across North Tyneside. The Board hoped that this collaboration would lead to greater consistency across the borough, improved quality and fewer complaints to Healthwatch North Tyneside.

**Resolved** that (1) the formulation of the North Tyneside Tripartite Primary Care Strategy be noted; and  
(2) further progress reports be submitted to the Board as significant progress is made in delivering innovative projects.

## HW49/02/17 Health & Social Care Integration Programme Board Update

The Board received a progress report from the Health and Social Care Integration Programme Board on the four work streams that made up the Integration Programme, namely; SEND Whole Life Disability, New Models of Care, Older People and Mental Health. The role of the Programme Board was to work with work stream leads to assure itself that the views and experiences of local communities, the public, patients and users of services were reflected in system and service changes and to co-ordinate the reporting of progress to the Health and Wellbeing Board.

The Chair of the Programme Board, Peter Kenrick, explained that there had been concerns about the operation of the Board because of the complexity of collating the monitoring information reported to it and the burden this had created for officers. The integration and transformation of services was a long term process and so there tended to be little change between the regular meetings of the Programme Board. Consideration needed to be given to how progress could be more effectively reported and scrutinised, possibly through less frequent reporting directly to the Health & Wellbeing Board.

Peter Kenrick suggested that any review also presented an opportunity to take a wider look at the Integration Programme in the context of ongoing financial pressures, the priorities emerging from formulation of the Sustainability and Transformation Programme and the possible development of an Accountable Care Organisation. He proposed that a review should commence immediately to allow consultation with all relevant stakeholders ahead of the matter being discussed by the Board as part of its review of the Joint Health & Wellbeing Strategy in June 2017. The Board acknowledged that the review would also need to have regard to the national planning guidance in relation to the Better Care Fund due to be published by the Government.

**Resolved** that a review of the Integration Programme be undertaken, to involve consultation with all relevant stakeholders, consideration of how progress is reported and scrutinised and consideration by the Board as part of its review of the Joint Health & Wellbeing Strategy.

(Reason for decision: To ensure that the Integration Programme remains fit for purpose in the light of changes in national and local policy frameworks and to ensure that processes are in place so that the Board can be assured that the views and experiences of local communities, the public, patients and users of services are reflected in system and service changes.)

## HW50/02/17 Healthy Weight: Action Days (Previous Minute HW10/06/16)

The Board received a report on the outcomes from its actions days on healthy weight held on 7 September 2016 and 20 October 2016. The action days had aimed to develop awareness and understanding among Board members about the importance of healthy weight and the challenge of obesity in North Tyneside. Attendees had learned about the definition of healthy weight and its importance and explored the health impact and complexities related to overweight and obesity. Board Members had then considered what more could be done in North Tyneside to promote healthy weight and reduce obesity levels? A summary of the outcomes from both action days was presented to the Board.

In order to address the issues and challenges that had been identified it was recommended that a Healthy Weight Alliance be formed in North Tyneside, under the

leadership of the Director of Public Health, and that the following priorities form the basis for the development of a shared action plan for North Tyneside:

- a) Strengthen the Joint Health and Wellbeing Strategy to reflect the impact of the environment on healthy weight as reflected in the National Planning Policy Framework;
- b) Strengthen planning policy to support the 6 principles for creating healthy weight environments;
- c) Translate national policy at a local level in relation to the national childhood obesity plan;
- d) Develop the wider workforce in North Tyneside to offer effective information and advice to support residents and patients to achieve a healthy weight;
- e) Provide effective interventions which promote a healthy weight for children and families;
- f) Create healthy workplaces that promote healthy eating and active lifestyles by supporting the healthy choice to be the easy choice; and
- g) Promote Everyone Active Everyday (Public Health England strategy for physical activity) in North Tyneside across the disciplines of transport, public health leisure schools and colleges, for example joined up and visible walking and cycling campaigns/initiatives.

The Board reflected on the varying degrees to which partners had contributed to the action days which had a) raised the issue of how future Board activities should be resourced and organised and b) had highlighted the challenge faced by the Board in delivering preventative strategies on a joined up, industrialised scale, as described in the STP.

**Resolved** that (1) the outcomes from the Board's actions days on healthy weight be noted; and  
(2) the formation of a Healthy Weight Alliance and the development of a shared action plan for North Tyneside, based on the priorities set out above, be endorsed.

(Reason for decision: The formation of a Healthy Weight Alliance and the development of a shared action plan for North Tyneside will help promote healthy weight across the borough, tackle obesity and deliver key priorities contained in the Joint Health & wellbeing Strategy.)