

(Note: These minutes are subject to confirmation at the next meeting of the Board scheduled to be held on 19 October 2017.)

## **Health and Wellbeing Board**

**14 September 2017**

Present: Councillor M A Green (in the Chair)  
Councillors K Clark and T Mulvenna  
W Burke, North Tyneside Council  
H Hudson, North Tyneside Council  
J Matthews, North Tyneside Clinical Commissioning Group  
J McAteer, Healthwatch North Tyneside  
D Evans, Northumbria Healthcare NHS Trust  
J Jollands, Northumberland, Tyne & Wear NHS Trust  
N Bruce, Newcastle Hospitals NHS Trust  
C Armstrong, North East Ambulance Service  
H Minney, TyneHealth  
J Pratt, Tyne & Wear Fire & Rescue Service  
S Blackman, North of Tyne Pharmaceutical Committee  
A Caldwell, Age UK North Tyneside

### Also Present

J Baker, S Woodhouse and M Robson, North Tyneside Council  
J Stonebridge, Northumbria Healthcare NHS Trust

### **HW09/09/17 Chair's Announcements**

Councillor Green reported that an additional meeting of the Board had been arranged to take place on Thursday 19 October 2017 at 2.00pm in The Langdale Centre, Howdon. The purpose of the meeting would be to refresh the Joint Health & Wellbeing Strategy and determine the Board's priorities and work programme for 2017/18.

### **HW10/09/17 Apologies**

Apologies for absence were received from Councillors M Hall and G Bell, J Old (North Tyneside Council), L Young-Murphy (North Tyneside CCG), P Kenrick (Healthwatch North Tyneside), G O'Hare (Northumberland, Tyne & Wear NHS Trust), L Robson (Newcastle Hospitals NHS Trust), D Titterton, (Voluntary & Community Sector), R Burrows, (Safeguarding Children Board) and A Watson (North of Tyne Pharmaceutical Committee).

### **HW11/09/17 Substitute Members**

Pursuant to the Council's Constitution, the appointment of the following substitute members was reported:

H Hudson for J Old (North Tyneside Council)  
J Jollands for G O'Hare (Northumberland, Tyne & Wear NHS Trust)  
N Bruce for L Robson (Newcastle Hospitals Trust)  
S Blackman for A Watson (North of Tyne Pharmaceutical Committee)

## **HW12/09/17 Declarations of Interest and Dispensations**

There were no Declarations of Interest or Dispensations reported.

## **HW13/09/17 Minutes**

**Resolved** that the minutes of the meeting held on 15 June 2017 be confirmed and signed by the Chair.

## **HW14/09/17 North Tyneside Joint Health & Wellbeing Strategy and Development of the Health & Wellbeing Board Work Programme 2017/18**

The Board were presented with details of the preliminary findings to emerge from its planning day held on 28 June 2017. A task and finish group had been established to consider the findings and prepare proposals for consideration by the Board on 19 October 2017 to refresh the Joint Health & Wellbeing Strategy and determine its priorities and work programme for the year ahead.

The objectives contained in the strategy were considered to be broad enough to remain current but there were too many saying the same thing, they were not "SMART", they needed tangible measures and they needed to be more focussed on prevention. It had also been acknowledged that there were too many partnership boards. The governance structures needed to be leaner, without an Integration Board, focussed on a work plan related to the strategy and balanced across children's and adult services.

**Resolved** that (1) the preliminary findings to emerge from the Board's planning day be noted;

(2) the notes of the planning day be circulated to all members of the Board to inform their deliberations at the meeting to be held on 19 October 2017; and

(3) the leads of all those partnership boards concerned with the delivery of the Joint Health & Wellbeing Strategy be invited to attend the meeting on 19 October 2017.

## **HW15/09/17 North Tyneside Children and Young People's Mental Health and Emotional Wellbeing Strategy 2016 – 2021(Previous Minute HW18/09/16)**

In September 2016 the Board had endorsed the Children and Young People's Mental Health and Emotional Wellbeing Strategy and it had agreed to monitor its implementation. The strategy gave direction to all partners involved in working with children and young people across the borough to consider how they can build resilience and improve mental wellbeing.

The Board received a report setting out the progress made in relation to each of the four themes contained in the strategy relating to:

- a) promoting resilience, prevention and early intervention;
- b) improving access to support;
- c) services for high risk and vulnerable groups; and
- d) developing the workforce.

The Board examined in more detail the approach taken to developing the workforce so that all staff working with young people and children had confidence and competence to recognise and identify emerging mental health needs.

Reference was made to the range of services currently provided in the borough rated as good. It was recognised that the development of interventions in the early years should be a priority for the Board and for future investment. This would require resources to be diverted from more reactive services.

The Board considered how partners captured and analysed data relating to suicide attempts and self harm. It also identified the potential for further partnership working with the fire and ambulance services and pharmacies in relation to promoting mental wellbeing, through the development of referral pathways, signposting and access to support through the 101 telephone service.

**Resolved** that (1) the progress being made by the Children and Young People's Mental Health and Emotional Wellbeing Strategic Group in delivering the North Tyneside Children and Young People's Mental Health and Emotional Wellbeing Strategy be noted;

(2) the Children and Young People's Mental Health and Emotional Wellbeing Strategic Group be requested to continue its work to implement the Strategy taking into account the comments from the Board summarised above; and

(3) the Children and Young People's Mental Health and Emotional Wellbeing Strategic Group be requested submit further progress reports to the Board on the delivery of the Strategy and its impact.

### **HW16/09/17 Adult and Older People Mental Health Strategies (Previous Minute HW08/06/16)**

In June 2016 the Board had endorsed the North Tyneside Joint Mental Health and Wellbeing Strategy 2016 – 2021 and it had agreed to monitor its implementation. Since then a detailed action plan had been developed, overseen by the Mental Health Integration Board, to drive forward a partnership approach to developing support for people with mental health needs in North Tyneside based around the following key priority areas; improving health and wellbeing, prevention, access, personalisation, integration and supporting recovery. The Board received details of the progress made to date in relation to each of the priority areas.

Officers undertook to circulate a copy of the action plan associated with the strategy to enable members of the Board to better assess the progress made in delivering the strategy. The Board asked which areas of the strategy would be prioritised next year and whether there may be challenges in delivering them. In response it was reported that the Integration Board was likely to focus its attention on further developing and embedding the initiatives commenced in 2016/17.

The Mental Health Integration Board had established a sub group to review older people's mental health and develop a Mental Wellbeing in Later Life Strategy. To date the actions that had been identified fell into five key areas: improving health and wellbeing, prevention and early intervention, community & primary services, secondary provision and supporting recovery & long term care. The Board was presented with a summary of the key issues that had been identified as part of the development of the strategy: The final strategy would be presented to the Board for approval in 2018.

It was suggested that the strategy should specifically address dementia, as there was a risk the topic might be lost between mental health and older people's strategies. The Board also considered the importance of the sub group comprising appropriate representation from stakeholders, including Healthwatch North Tyneside.

**Resolved** that (1) the progress being made by the Mental Health Integration Board in delivering the North Tyneside Joint Mental Health and Wellbeing Strategy be noted; (2) the Mental Health Integration Board be requested to continue its work to implement the strategy; (3) the Mental Health Integration Board be requested to submit further progress reports to the Board on the delivery of the strategy and its impact; and (4) the Mental Wellbeing in Later Life Sub-Group be requested to submit a draft Mental Wellbeing in Later Life Strategy to the Board by March 2018.

### **HW17/09/17 North Tyneside Council's Programme to Transform Children's Services**

The Board received a report on the outcome of the Ofsted Inspection of the Council and partners services to children and the implementation and delivery of the Council's work to transform children's services, improve outcomes and offer value for money.

In February and March 2017, the Council and its partner's services for children in need of help and protection, children looked after and care leavers were inspected by Ofsted as part of their national inspection programme. Ofsted published its findings in June 2017 when it judged the overall effectiveness of children's services in North Tyneside to be 'Good'. This overall judgment was based on the following findings:

- the experiences and progress of children who need help and protection were judged to be 'Good';
- the experiences and progress of children looked after and achieving permanence were judged to be 'Good';
- adoption performance was judged to be 'Good';
- the experiences and progress of care leavers was judged to be 'Outstanding'; and
- leadership, management and governance was judged to be 'Good'.

The inspection placed North Tyneside among the top ten performing areas within the country the top performing within the North East region.

Prior to the inspection the Council had commenced work with partners to develop a new model of delivery to support children with the following overarching aims for children and young people:

- ensure, wherever possible, children can be supported to live safely at home
- ensure that families on the edge of care receive appropriate early help and targeted support to prevent avoidable entry into care
- ensure that, for those already in care, we focus upon their return to live safely at home at the earliest opportunity
- ensure decision making for high cost placements is in children's best interests – requiring evidence that all options for early help or family/carer reconciliation or crisis intervention have been attempted before any request is considered.
- ensure young people leaving care are prepared for independence and their transition to adulthood
- increase school stability and successful outcomes for all Looked After Children of school age.
- introduce a model of practice emphasising safe planning and partnership with families.
- ensure a sustainable approach to managing children's social care resources is maintained

The Board was presented with a brief synopsis of the activities currently being undertaken in relation to each of the following workstreams:-

1. Keeping children, young people safe at home
2. Keeping children and young people in school
3. Looking After children and young people safely
4. Enabling Projects
5. Innovation and New Models.

**Resolved** that (1) the positive findings of the Ofsted Inspection of the Council and partners services for children in need of help and protection, children looked after and care leavers, in particular that children have benefited from high-quality social work and well-coordinated partnership working to improve their lives be noted;

(2) the findings of the Ofsted Inspection place services for children within the top ten within the country be noted;

(3) assess the progress being made by North Tyneside Council and partners in implementing and delivering transformative work to improve outcomes for children and young people;

(4) the North Tyneside Council Transforming Children's Services Programme Board be requested to continue its work, taking into account any comments from the Health and Wellbeing Board; and

(5) the North Tyneside Council Transforming Children's Services Programme Board be requested to submit further progress reports to the Health and Wellbeing Board on the delivery of transformative services and its impact on outcomes for children and young people.